



Ridgefield, Connecticut

2026 SUMMER PROGRAM

June 21st - August 8th



SUMMER PROGRAM

at the Golf Performance Academy

The Golf Performance Academy combines cutting-edge training facilities and expert coaching with over 20 years of success in developing aspiring golfers for elite competition. With alumni including NCAA All-Americans and athletes competing at over 80 colleges and universities, our program has produced professional success on prestigious tours like the Korn Ferry and Mackenzie Tours.

WEEKS

21 - 08

1 • 4 AVERAGE COACH TO ATHLETE RATIO

ATHLETE 12-18

? RIDGEFIELD, CONNECICUT

OVERALL SATISFACTION





Experience

SUMMER ON THE GREEN



Just a two-minute shuttle ride from the GPC facility, athletes find themselves immersed in their home away from home amongst like-minded peers at the Golf Performance Academy's Main Campus!

Athletes in our Summer Program dive into a variety of exciting activities, all in an environment buzzing with energy, designed to challenge, engage, and elevate their game while having fun!





ACTIVITIES

- Basketball & Pickleball
- Mall Trips and Outings
- Movie Nights
- Ping-Pong, Pool, and other in-house activities planned by our Student Life advisors.

TYPICAL DAILY SCHEDULE

MON WED FRI	COACHING
TUES THURS	GOLF COURSE

6:30 - 6:45 AM	PRE-WORKOUT & NUTRITION
7:00 - 8:00 AM	WORKOUT
8:15 - 8:45 AM	BREAKFAST
9:00 - 12:00 PM	GOLF TRAINING
12:30 - 1:30 PM	LUNCH
2:00 - 5:30 PM	GOLF TRAINING
6:00 - 7:00 PM	DINNER
7:00 PM	ACTIVITIES
10:00 PM	LIGHTS OUT

THE GOLF PERFORMANCE ACADEMY Main Campus

CAMPUS LIVING



Main Campus provides a safe, secluded environment with both girls and boys living quarters, a 7,000 sq. foot academic space, an industrial kitchen, and plenty of recreational areas for student comfort.

Our meals are thoughtfully curated in collaboration with our coaching staff and kitchen team, ensuring that each dish is not only nutritious, but also tailored to support the physical goals of our campers.





GPA has a team of both male and female Student Life and Learning Advisors to create a supportive and fun environment in order to make sure that every student is thriving both mentally and physically.

TRAINING & DEVELOPMENT



DRIVE YOUR DEVELOPMENT

Athletes start with a full assessment of their physical performance and golf skills, giving our coaches the insight to create a personalized plan. Rooted in data and guided by our proven philosophy, this roadmap helps each athlete build on their strengths, address areas for growth, and move toward peak performance.

ON-COURSE TRAINING

On-course training gives athletes the chance to apply skills and knowledge in the most practical setting, the game itself. By setting goals and competing alongside peers, players gain invaluable experience that accelerates development and builds confidence under real playing conditions.





GROUP PRACTICE & WORKOUT

Athletes benefit from a balanced training environment that combines individualized attention with the energy of group practice. Our mental coach and physical performance coaches work one-on-one with players to address specific needs, while dedicated golf coaches guide group sessions that foster competition, accountability, and shared growth. This approach helps athletes thrive both as individuals and as part of a team. In addition, Summer Program participants receive a special discount on fitting services from Custom Clubs, ensuring access to equipment that is precisely tailored to elevate their game.









My son returned from the Summer Program with a new level of confidence, not just in his golf game but in himself. He made great friends and even qualified for his high school varsity golf team as a sophomore.

- Parent Testimonial

Experience

TOURNAMENT PREPARATION

Each athlete has the opportunity to compete in local and regional events while training under the guidance of our coaches. Our team supports players through every stage of the tournament process, from course mapping and pre-round strategy, to post-round analysis and mental training. This hands-on approach ensures athletes not only gain experience in competition but also learn how to prepare, perform, and adapt like a collegiate-level player.









COLLEGE PREP & PLANNING

Athletes receive a complimentary Junior Golf Hub Premium Membership. JGH is the leading online community for junior golfers, parents, and college coaches. The platform simplifies the college golf planning process with tools like Junior Golf Rankings. Athletes also benefit from tournament and college prep consultations during the summer.



Experience

TAKEAWAYS & BENEFITS



Each athlete is equipped with essential gear, ensuring they're fully prepared for the duration of the program. For those attending for three weeks or more, a high-quality golf bag is included.

Athletes receive exclusive merchandise such as water bottles, hats, workout shirts, and golf shirts, providing both style and functionality on and off the course. In addition, a discount on club fitting services are offered.





Athletes receive more than just physical takeaways. They will also leave with a comprehensive practice plan designed to guide their training for three months post Summer Program.

BOARDING & NON-BOARDING RATES

Boarding:

Standard - \$2,450* High Performance - \$2,950*

(includes data captures and full technology assessment)

Non Boarding:

Standard - \$1,950*
High Performance - \$2,450*
(includes data captures and full technology assessment)

2-Weeks Recommended

Multiple week discounts available Tournaments are available for multi weeks

* Prices listed are per week









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The Golf Performance Academy

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