



SUMMER PROGRAM

at the Golf Performance Academy

The Golf Performance Center combines cutting-edge training facilities and expert coaching with over 20 years of success in developing aspiring golfers for elite competition. With alumni including NCAA All-Americans and athletes competing at over 80 colleges and universities, our program has produced professional success on prestigious tours like the Korn Ferry and Mackenzie Tours.

7 JUNE AUG 22 - 09

AVERAGE COACH TO ATHLETE RATIO

ATHLETE 12-18

RIDGEFIELD, CONNECICUT

OVERALL SATISFACTION





Experience

SUMMER ON THE GREEN



Just a two-minute shuttle ride from the GPC facility, athletes find themselves immersed in their home away from home amongst like-minded peers at the Golf Performance Academy's Main Campus!

Athletes at our Summer Program dive into a variety of exciting activities, all in an environment buzzing with energy, designed to challenge, engage, and elevate their game while having fun!





ACTIVITIES

- Basketball & Pickleball
- Mall Trips and Outings
- Movie Nights
- Ping-Pong, Pool, and other in-house activities planned by our Student Life advisors.

TYPICAL DAILY SCHEDULE

MON WED FRI	COACHING
TUES THURS	GOLF COURSE

6:30 - 6:45 AM	PRE-WORKOUT & NUTRITION
7:00 - 8:00 AM	WORKOUT
8:15 - 8:45 AM	BREAKFAST
9:00 - 12:00 PM	GOLF TRAINING
12:30 - 1:30 PM	LUNCH
2:00 - 5:30 PM	GOLF TRAINING
6:00 - 7:00 PM	DINNER
7:00 PM	ACTIVITIES
10:00 PM	LIGHTS OUT

Experience CAMPUS LIVING



Main Campus provides a safe, secluded environment with both girls and boys living quarters, a 7,000 sq. foot academic space, an industrial kitchen, and plenty of recreational areas for student comfort.

Our meals are thoughtfully curated in collaboration with our coaching staff and kitchen team, ensuring that each dish is not only nutritious, but also tailored to support the physical goals of our campers.





GPA has a team of both male and female Student Life and Learning Advisors to create a supportive and fun environment in order to make sure that every student is thriving both mentally and physically.

TRAINING & DEVELOPMENT



DRIVE YOUR DEVELOPMENT

Athlete's go through a comprehensive assessment of their physical and golf skills, providing guidance for our team to develop an individualized plan for each athlete to achieve their peak performance.

ON-COURSE TRAINING

Coaching on the course allows for direct transference of skills and knowledge in the most practical setting. Setting goals and applying those in play among fellow competitors adds incredible value to the athlete's development.





GROUP PRACTICE & WORKOUT

Athletes receive one-on-one attention from our mental coach and physical performance coaches, while also benefiting from group training with our dedicated golf coaches. This balanced approach ensures each athlete can thrive both individually and in a group setting. Plus, Summer Program attendees get a special discount on fitting services from Custom Clubs, providing top-notch equipment tailored to their game.









My son returned from the Summer Program with a new level of confidence, not just in his golf game but in himself. He made great friends and even qualified for his high school varsity golf team as a sophomore.

- Parent Testimonial

Experience

TOURNAMENT PREPARATION

Each athlete will have the opportunity to compete in local and/or regional events while under tutelage of GPC coaching. We guide the athlete through each step of the tournament preparation process, including course mapping, post round analysis, and mental training.



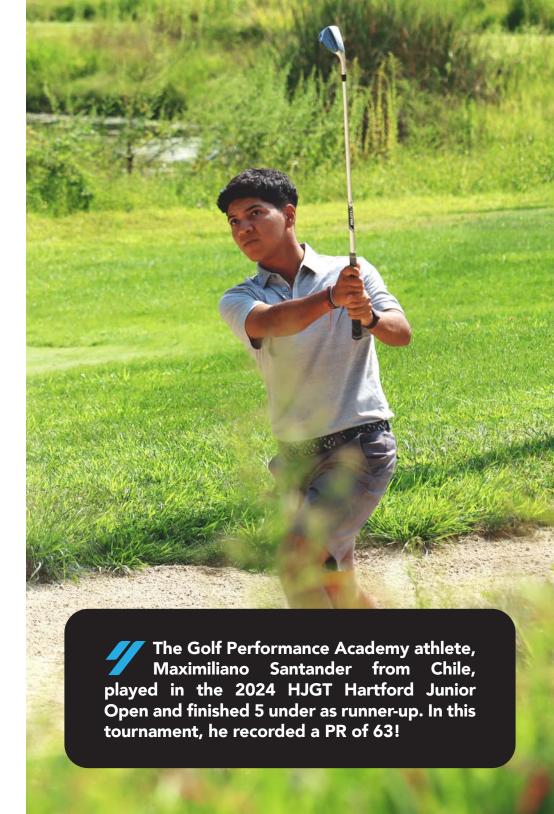






COLLEGE PREP & PLANNING

Summer Program athletes receive a complimentary Junior Golf Hub Premium Membership. Junior Golf Hub is the leading online community for junior golfers, parents, and college coaches. The modern, user-friendly website helps to simplify the college golf planning process while offering several useful features like the new Junior Golf Rankings. During Summer, athletes will have tournament and college prep consultations.



Experience

TAKEAWAYS & BENEFITS



Each athlete is equipped with essential gear, ensuring they're fully prepared for the duration of the program. For those attending for three weeks or more, a high-quality golf bag is included.

Athletes receive exclusive merchandise such as water bottles, hats, workout shirts, and golf shirts, providing both style and functionality on and off the course. In addition, a discount on club fitting services are offered.





Athletes receive more than just physical takeaways. They will also leave with a comprehensive practice plan designed to guide their training for three months post Summer Program.

BOARDING & NON-BOARDING RATES

Boarding:

Standard - \$2,450* High Performance - \$2,950*

(includes data captures and full technology assessment)

Non Boarding:

Standard - \$1,950*
High Performance - \$2,450*
(includes data captures and full technology assessment)

2-Weeks Recommended

Multiple week discounts available Tournaments are available for multi weeks

* Prices listed are per week









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The Golf Performance Academy

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