



# GOLF PERFORMANCE —ACADEMY—



*Port St. Lucie, Florida*

# ADMISSIONS GUIDE

**2025-2026**

# ***EXPERIENCE THE DIFFERENCE***

at the Golf Performance Academy





## **ABOUT GPA**

The Golf Performance Academy first opened its doors in 2017 in Ridgefield, Connecticut. It has since been a goal to expand to a second location in Florida. We're thrilled to announce that this vision is now a reality with the launch of The Golf Performance Academy at RPS Academies in Port St. Lucie, Florida.

Now, golfers in Florida can experience the same exceptional training programs, cutting-edge technology, and top-tier coaching that have made the Golf Performance Academy a success.

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With a team of world-class coaches and performance staff, including a full-time sports psychologist, we offer an unparalleled training experience. Our dedication extends beyond the greens, offering an amazing academic program with Altitude Academics, ensuring that each student has the best learning experience.

Tailored to your unique strengths and areas for improvement, our personalized growth plans utilize the Player Development Index. Elevate your game further with a personalized playing schedule, ensuring your presence at the nation's top events.

At the Golf Performance Academy, we redefine golf training, blending innovation, expertise, and personalized support for an unmatched golfing experience.

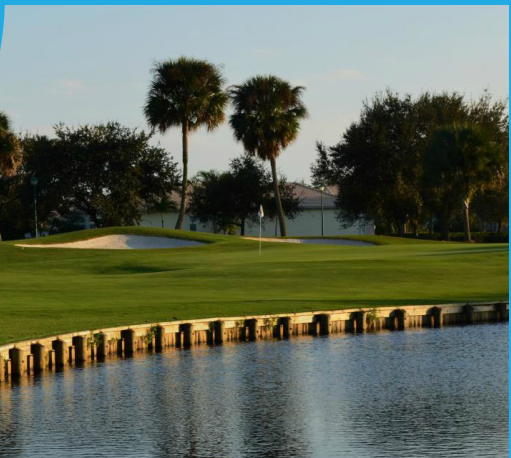
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**“ The coaches at the Golf Performance Academy put together a growth plan for me. I’m working daily on my skills that help me reach my peak performance.” - Arabella Lopez, GPA Student**

Experience the Difference with

# ***OUR PREMIER FACILITIES***

In addition to course play designed to implement skills in real scenarios, athletes train with programs tailored to fit their skill levels and goals.



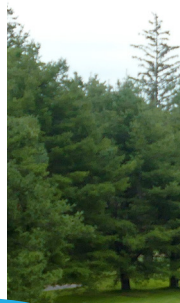
## ***ENHANCE YOUR PERFORMANCE***

The Golf Performance Academy at RPS Academies provides students with the ultimate training environment. They'll have the opportunity to play and become members at the renowned Santa Lucia River Club at Ballantrae, a stunning par-72, 7,000-yard course designed by Jack Nicklaus. Our facilities also include advanced biomechanical technology, a fully equipped weight room, expansive driving ranges, and much more to support every aspect of a golfer's development.

Experience the Difference with

# ***WORLD CLASS COACHING & PERFORMANCE STAFF***

Coach Manuel Bermudez leads a talented team of dedicated coaches and performance staff, including a full-time sports psychologist, to ensure our athletes have every advantage.



## ***ABOUT OUR COACHES***

**Manuel Bermudez**

*Director of Player Performance*

- South American champion
- 15+ years coaching athletes around the world
- Awarded Master Instructor by PGA of Argentina





**FUN FACT:**

***Manuel Bermudez has coached multiple Rolex AJGA All-Americans and professional golfers, including Joaquin Niemann.***

Experience the Difference with

# ***FIVE ELEMENTS OF SUCCESS***

For over 20 years the Five Elements of Success philosophy has guided thousands of junior athletes by providing an individualized golf training plan that combines physical performance, discipline, and instruction to help achieve goals. By connecting how the mind thinks, and the body moves, relative to golf swing mechanics, the coaching team at the Golf Performance Academy create the personalized long-term athletic development plan that each athlete needs for sustained success.

Individual growth plans are built utilizing daily assessments, our biomechanic technology, and regular PDI evaluations.





**DESIRE TO IMPROVE**



**PHYSICAL PERFORMANCE**



**GOLF COACHING**



**MENTAL APPROACH**



**EQUIPMENT**





**PDI ENDORSED  
BY LPGA LEGEND  
ANNIKA SÖRENSTAM**

“ I wish I had a tool like PDI when I was a junior to measure and manage my development, but I hope I can help the golfers coming up today by putting it in their hands.”

**- Annika Sörenstam**



Experience the Difference with

# PLAYER DEVELOPMENT

Player Development Index (PDI) is not a ranking system, or a way to compare one golfer to another. It is simply an assessment tool to help identify areas that need improvement by utilizing four basic coach-guided assessments: physical proficiency and flexibility, golf skills and shot making ability, mental skills, and tournament performance. PDI provides a numerical score out of 100 to represent the current state of an athlete's skill set, allowing coaches to track progress consistently throughout the athlete's development.

## COACH GUIDED ASSESSMENT



**4 PHYSICAL TESTS**



**24 MENTAL QUESTIONS**



**39 GOLF SHOTS**



**SCORING AVERAGE**







# ***EXPERIENCE THE POSSIBILITIES***

at the Golf Performance Academy

# ACADEMY PROGRAMS

## // FULL YEAR PROGRAM

The Academy 9.5-month golf program is one of the world's best and has a proven system to maximize junior golf performance. We offer a program that includes every aspect of junior development to accelerate results. Daily physical performance training, golf training in full swing, short game, course management and mental skills, and regular golf course play make this a superior program for elite junior golfers. Our coaches pay close attention to each junior golfer's needs, with 4 Player Development Index assessments throughout the year to keep the periodized training schedule on track. With quality academics and a full tournament schedule, there is no better program to train and prepare a junior for college golf.

## // SUMMER PROGRAM

Built around the junior golf athlete, Summer Training at The Golf Performance Academy provides everything juniors need to get better! Some of the best coaches in junior golf will work alongside the athletes to give them all the tools they need to improve. Athletes will receive a personalized plan to continue working on their golf development well beyond their time at GPA. They will also get a Junior Golf Hub membership which will help players to stay on track with their plan until they return to GPA the next summer! Our goal is to help aspiring golf athletes improve, love the game, and learn some valuable lessons during their Summer Training Program.





## // THE POST-GRADUATE PROGRAM

Coaches increasingly value athletes who pursue post-graduate programs, recognizing the unique preparation offered beyond standard training. For junior athletes, Post-Grad training provides comprehensive readiness in areas often overlooked. However, many graduating seniors find themselves inadequately prepared, lacking in physical, technical, or competitive prowess for collegiate play. Enrolling in a specialized golf prep school like the Golf Performance Academy at RPS Academies presents one of the most impactful steps towards college readiness. Our program is meticulously designed to transform graduates into formidable competitors, emphasizing mental fortitude, technical proficiency, and physical conditioning primed for any challenge.



Experience the Difference with

# **ALTITUDE ACADEMY ACADEMICS**

At Altitude Academy, students have access to a wide range of courses, including Honors and Advanced Placement options. These accelerated and college-level classes are designed for highly motivated, ambitious students seeking to challenge themselves and excel academically.



***RPS offers an atmosphere which encourages high academic achievement, a love of learning, concern for others, delight in creative expression and the satisfaction of accomplishment for all students.***

# ADMISSION PROCESS

With a custom individualized approach, we are committed to understanding the goals of the family, as well as the student, throughout the admissions process.

## **STEP 1** Apply Online

Complete the online application form, including all necessary personal and golf-related information.

Upload any required documents (letters of recommendations, transcripts, etc.).

## **STEP 2** Speak with a Recruiter

A recruiter will reach out to discuss your application, answer any questions or concerns, and guide you through the next steps. They will also provide an overview of your educational options and academy expectations.

## **STEP 3** Receive Enrollment Information Packet

After your conversation with a recruiter, you will receive a packet containing helpful information about the admissions process, golf program information, financial details, and educational partnerships.

## **STEP 4** Secure Your Spot with a Deposit

After acceptance, the Financial Department will reach out with payment details.

## **STEP 5** Receive Acceptance and Welcome Packet

Once all steps are completed and verified, you will receive an Official Welcome Letter and an Information Packet with details about your enrollment, training schedule, and next steps.

Experience the Difference with

# ***FREEDOM AND FLEXIBILITY***

One of the Golf Performance Academy's main goals is to provide a place where we make a positive and transformative impact on the life of every young person who attends. It is our passion and purpose to make GPA a long-lasting and fulfilling learning experience for both golf and life.



## ***ABOUT OUR STAFF***

**Reese Stacy**

*Principal of Altitude Academy*

I believe in the proverbial saying that “it takes a village to raise a child” and at RPS academies our village is made up of teachers administrators, staff coaches and parents working together to provide the very best for our students.



**THE CAMPUS** Our on-campus, life thrives with a vibrant array of activities that encourage social interaction, foster cross-cultural learning, and provide enthusiastic support for our diverse athletes and teams. Our academy goes beyond traditional training by offering an expansive range of on-campus entertainment and activities designed to enrich the overall experience for our athletes.





GPA has a full-time, both female and male, Student Services Staff to create a close knit family setting and assure every student is thriving both mentally and physically.

While most of our student-athletes want to practice non-stop, our Student Services team creates opportunities for all GPA athletes to get time away from golf periodically - including college visits, fun excursions, game nights, pool, ping pong, and gaming.

GPA builds a team tournament schedule for each season, but we work closely with each athlete to personalize their playing schedule. This allows our GPA athletes to improve their games and spend valuable time with family while competing in extra tournaments across the nation and abroad.



Experience the Difference with

# STUDENT LIFE

While we are dedicated to helping our athletes play at the next level, life is about more than just golf.



Experience the Difference with

# ***JUNIOR GOLF HUB***

Junior Golf Hub is the leading online community for junior golfers, parents, and college coaches. Our modern, user-friendly website helps to simplify the college golf planning process while offering several useful features like the new Junior Golf Rankings. JGH provides a one-of-a-kind tool to help players and parents navigate the confusing journey to college golf, while helping college coaches discover and connect with top talent.

## ***PERSONALIZE YOUR // JUNIOR GOLF EXPERIENCE***

The **Tournament Finder** is a growing collection of key information and registration links for 6,000+ worldwide golf events for juniors. Custom filters are available to help you find the best tournament opportunities in junior golf. This helpful feature does not require a membership, however, members are able to customize their profile to add tournaments to their schedule.

The **College Search** feature offers a comprehensive database of academic and athletic information on every golf program in the United States. You can toggle between both Men's and Women's programs to find the information that best suits you. To personalize your list of schools and connect with college golf coaches, you will need to sign up for a Hub Membership. The Hub's powerful algorithm can provide a list of college programs that are a match for you based on the information you include in your profile. Unlock new matches as your game improves!



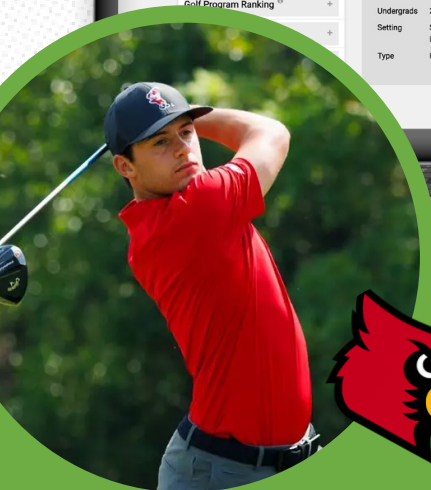
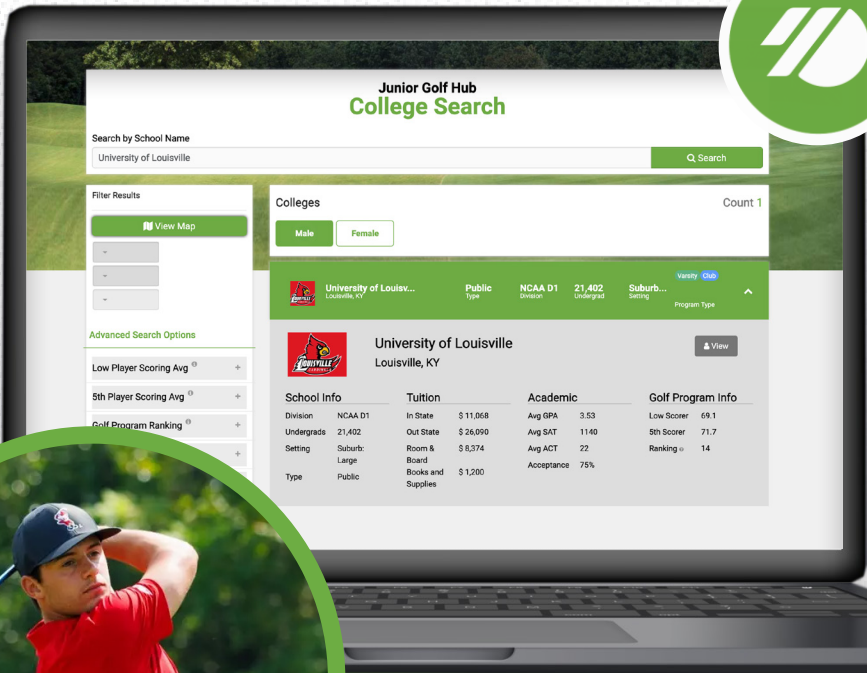
# NEW! JUNIOR GOLF RANKINGS

To address the overemphasis on outcomes in junior golf, Junior Golf Hub has launched a ranking system that encourages holistic development and nurtures a love for the game.



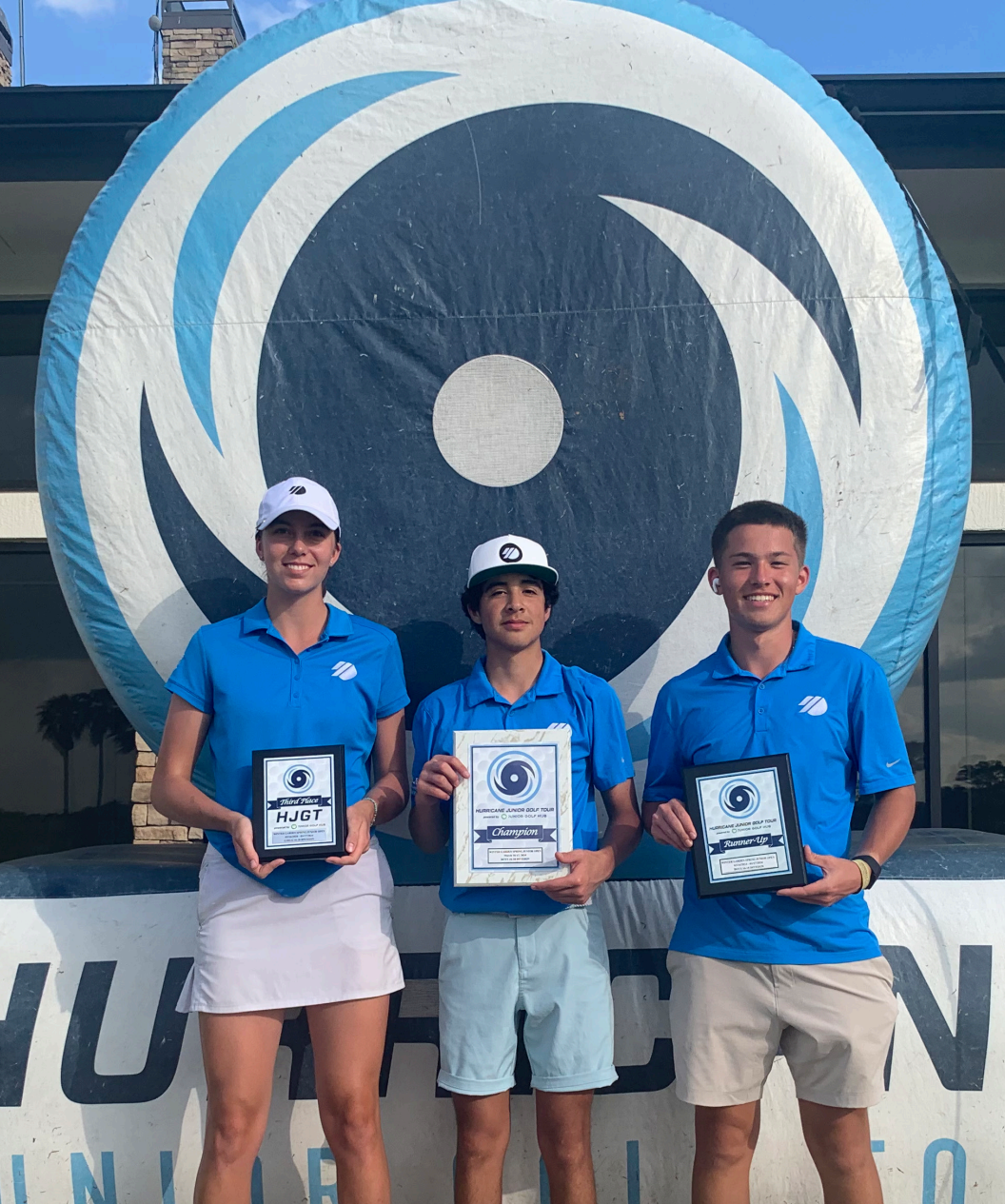
## WHERE DO YOU RANK?

<b>115+</b> Countries	<b>6,500+</b> Tournaments
<b>58,000+</b> Boys Ranked	<b>20,000+</b> Girls Ranked



## ATHLETE SPOTLIGHT

**Elias Kennon | Class of 2023**  
Signed with University of Louisville



## 2024 HJGT WINTER GARDEN SPRING JUNIOR OPEN

Angelo Martinez (2026) - 1st place  
Andrew Hahn (2025) - 2nd place  
Cailyn Rogers (2025) - 3rd place

# Experience the Difference with **TOURNAMENTS & TRAVEL**

Our program is meticulously designed to align with the unique skill development levels of each athlete on an annual basis.

Utilizing the Player Development Index (PDI), our approach involves thorough tournament preparation and post-tournament analysis. This process helps identify specific areas requiring further attention, whether they pertain to technical, mental, physical, or strategic performance.

At GPA, our focus extends beyond golf to encompass the holistic development of our students. Recognizing the diverse skills and understanding levels our students bring, we advocate for an individualized tournament strategy tailored to each student's stage of development.



In Partnership with





**VISIT CONNECTICUT**



# Experience the Difference with ***CUSTOM CLUBS***

The Golf Performance Center's onsite Pro Shop features the Northeast's premier club fitters and custom club builders. We are consistently elevating the performance of young golfers by utilizing the latest technology in the golf industry. We adopt a brand-neutral approach to provide personalized recommendations that cater to your unique game, ensuring complete confidence in your equipment. With a curated selection of top-tier brands, expect nothing short of the finest quality clubs to enhance your playing experience.

## ***THE FITTING PROCESS***

- 1. EVALUATION**
- 2. FITTING**
- 3. SOLUTION**
- 4. BETTER GOLF**



*Travel to Connecticut for a first-class club fitting experience!*



## ***/// FOLLOW US***

The GPA Marketing Team diligently crafts engaging and personalized social media content to showcase our athletes. Our GPA golfers can tag college coaches and begin developing their personal brand. Additionally, as title sponsors for the Notah Begay III National Championship and the Hurricane Junior Tour, our company holds strong connections within the industry, facilitating our golfers' participation in the nation's premier tournaments.



**@ACADEMY.GOLF**





# EXPERIENCE LIFE AT THE GOLF PERFORMANCE ACADEMY



## CONTACT US:

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