




GOLF
PERFORMANCE
—ACADEMY—

SUMMER PROGRAM

Week 1 | June 25 – July 1

Week 2 | July 2 – July 8

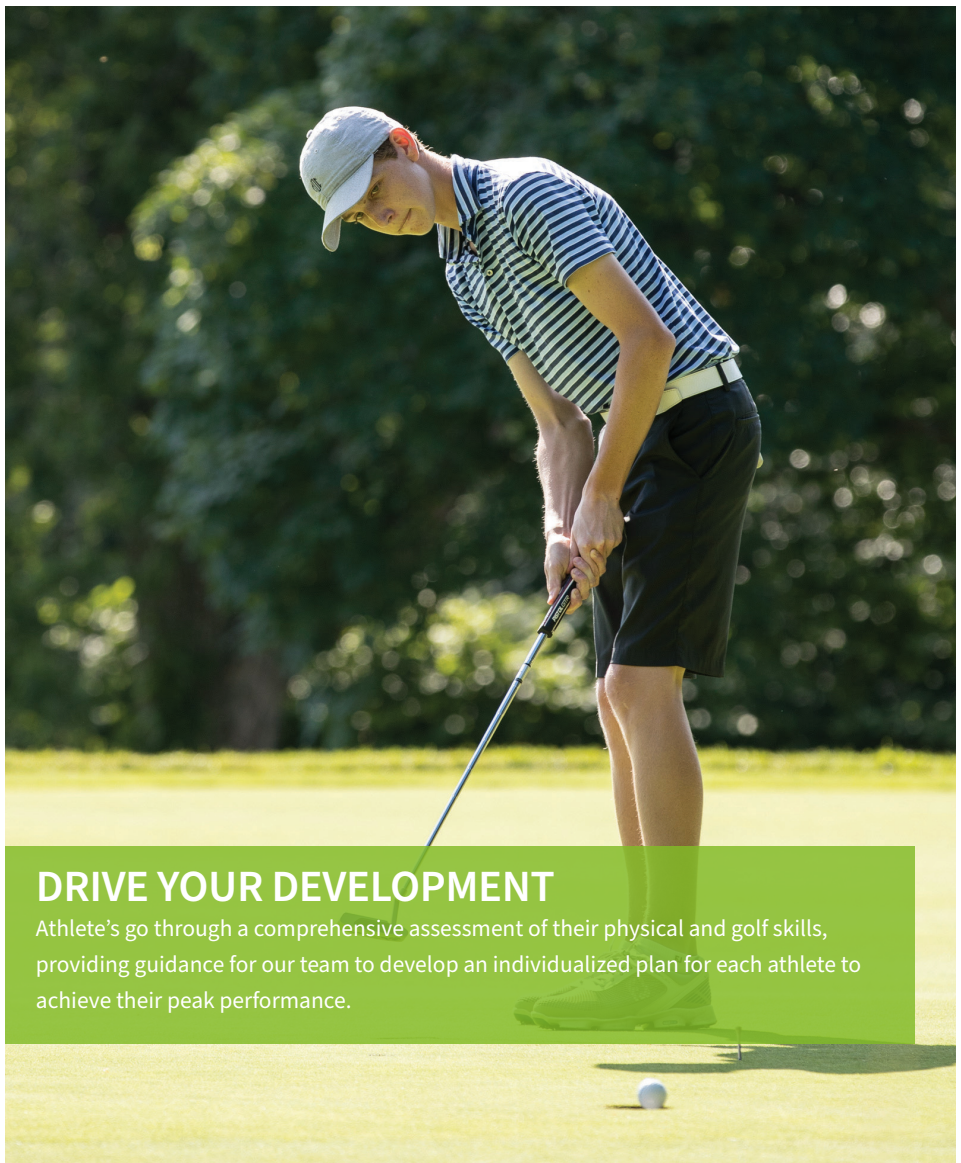
Week 3 | July 9 – July 14

Week 4 | July 15 – July 21

SUMMER AT THE GOLF PERFORMANCE CENTER

The Golf Performance Center integrates state of the art training facilities and expert coaching designed to provide aspiring athletes with improvement strategies built for long-term success.

For more than 20 years, The GPC has successfully guided hundreds of competitors as they prepare for golf at the highest levels. Alumni include multiple NCAA All-Americans, current and former student-athletes at 80 different colleges and universities and professionals who have won on the Korn Ferry Tour, Mackenzie Tour – PGA TOUR Canada and European Tour. The GPC's goal is to provide valued instruction, guidance and the necessary facilities to develop junior athletes, both physically and mentally, to successfully navigate challenges on the journey to competitive golf.



DRIVE YOUR DEVELOPMENT

Athletes go through a comprehensive assessment of their physical and golf skills, providing guidance for our team to develop an individualized plan for each athlete to achieve their peak performance.

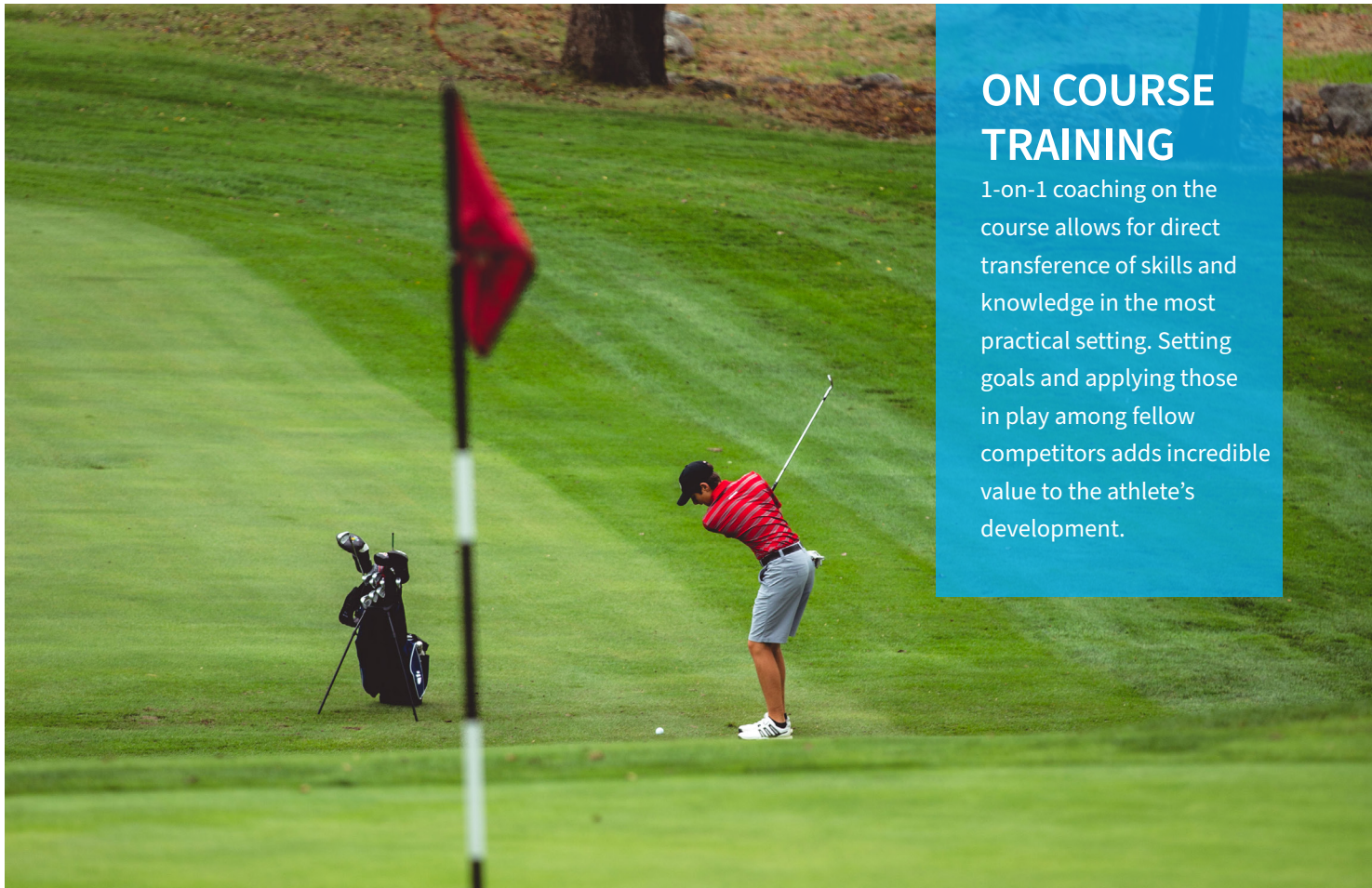
Summer at The Golf Performance Center is not any ordinary golf camp. It is an intensive program that is perfect for the aspiring collegiate golfer looking for the right game plan to achieve their dreams.



EXPERIENCE CAMPUS LIFE

Just a two-minute shuttle ride from GPC, athletes find themselves immersed in their home away from home amongst like-minded peers. Campus is always buzzing with energy!





ON COURSE TRAINING

1-on-1 coaching on the course allows for direct transference of skills and knowledge in the most practical setting. Setting goals and applying those in play among fellow competitors adds incredible value to the athlete's development.



TOURNAMENT PREPARATION

Each athlete will have the opportunity to compete in local and/or regional events while under tutelage of GPC coaching. We guide the athlete through each step of the tournament preparation process.





GROUP PRACTICE AND WORKOUT

Athlete's work closely with our mental coach, club fitters, physical performance coaches, and golf coaches in a structured setting that enables their ability to thrive in a team environment.



DAILY SCHEDULE

MONDAY/WEDNESDAY/FRIDAY	COACHING
TUESDAY/THURSDAY	GOLF COURSE

6:30AM-6:45AM	PRE-WORKOUT AND NUTRITION
7AM-8AM	WORKOUT
8:15AM-8:45AM	BREAKFAST
9AM-1PM	GOLF TRAINING/GOLF COURSE
2PM-5PM	INDIVIDUAL COACHING AND ON-COURSE TRAINING
5:15PM-7PM	DINNER
7PM	ACTIVITIES
10PM	LIGHTS OUT

BOARDING & NON BOARDING

WEEKLY BOARDING RATE:
\$2,700.00

WEEKLY NON-BOARDING RATE:
\$1,850.00

*Discounted rate for multiple
week commitment.*





**824 ETHAN ALLEN HIGHWAY
RIDGEFIELD, CT 06877**

203-443-8374 ext. 138

www.thegolfperformancecenter.com